

Athletic Questions

To participate in athletics at Mount Carmel Academy, students must be in good standing and in compliance with the requirements of the Student Handbook.

Students must meet the eligibility requirements of the Louisiana High School Athletic Association to participate in interscholastic high school athletic competition. A completed Athletic Participation Form and an annual physical examination, along with a completed LHSAA Medical Form are needed before a student will be allowed to try out for any sports.

Once a student is selected for a team, an LHSAA Substance Abuse Form and a copy of the student's birth certificate must be submitted along with all other necessary forms.

FAQ...

Q. Can 8th graders join athletic teams?

A. Mount Carmel Academy normally fields 8th grade athletic teams in volleyball, cross-country, basketball, soccer, softball, swimming, and track & field. All incoming 8th graders may tryout. Tennis, golf and gymnastics are *varsity only* sports, and in order to compete, must be eligible under the residency and transfer rules of the L.H.S.A.A.

Q. How will I know when try-outs are scheduled?

A. Volleyball, Cross Country and Swimming try-out dates will be posted in summer mailings and on the school web page. Try-out dates for the remaining sports will be announced about a month before tryouts.

Q. What forms will I need to try-out for a team?

A. You will need a signed Athletic Participation-Parental Permission Form and a completed LHSAA Medical/History Evaluation Form. They are available on our sports webpage.

Q. What are the requirements to play on an MCA athletic team?

A. You must be in good standing and in compliance with the Student Handbook as well as the applicable requirements of the Louisiana High School Athletic Association.