

Mount Carmel 2017/2018 Cafeteria Menu Prices:

1. Beverages

- a. Bottle Water - \$1.00
- b. White/Chocolate Milk - \$1.00
- c. Crystal Light Packs - \$.50
- d. PowerAde – \$2.00
Gold Peak/Honest Teas– \$2.25
- e. Minute Made Juice - \$1.75
- f. Lg. Simply Orange Juice - \$2.25
- g. Lg. Simply Rasp. Lemon - \$2.25
- h. Vitamin Water - \$2.00

2. Breakfast

- a. Sausage Biscuit - \$1.50
- b. Bagel w/ Cream Cheese - \$1.25
- c. Fresh Baked Muffin - \$1.75
- d. Cereal Bowl Pack - \$1.50
- e. Chicken Biscuit - \$2.25
- f. Egg & Cheese Biscuit - \$1.50
- g. Bacon & Egg Biscuit - \$1.75
- h. Sausage, Egg & Cheese
Biscuit/Croissant – \$2.00
- i. Egg & Cheese Eng. Muffin-\$1.50
- j. Sausage, Egg & Cheese English
Muffin - \$2.00
- k. Fruit Cup – \$2.50
- l. Blue Dot Donuts - \$1.00
- m. Buttered Grits - \$2.25
- n. Flavored Oatmeal - \$1.75

3. Salad Bar

- a. Loaded Baked Potato - \$3.25
- b. Salad Bar by Weight - \$5.12 per
LB/\$.32 oz.
- c. Bowl of Soup \$2.75 - \$3.50
- d. Nacho/French Fry Bar - \$3.25

4. Lunch

- a. Hot Lunch #1 - \$5.00
Hot Lunch #2 - \$5.50
Hot Entrée #1 - \$3.75
Hot Entrée # 2 – \$4.25
Hot Sides - \$1.50
- b. Garlic Bread - \$.75

- c. Pizza Slice - \$2.50
- d. Grill Cheese - \$2.25
- e. Cheese Breadsticks - 2/\$2.50

5. Snacks

- a. Potato Chips - \$1.25
- b. Fresh Baked Cookies - \$1.50
- c. Pop Tarts - \$1.50
- d. Apples - \$1.35
- e. Bananas - \$1.00
- f. Asst. Snacks - \$1.00 - \$2.00

6. Grab & Go

- a. Assorted Wraps - \$4.75
- b. Wedge Sandwiches - \$3.50
- c. Peanut Butter & Jelly - \$2.25
- d. Side Salad - \$2.25
- e. Entrée Salad - \$4.75
- f. Lg. Croissant Sandwich - \$4.75
- g. Low Fat Yogurt – \$1.50
- h. Greek Yogurt - \$1.50
- i. Cubed Cheese/Fruit Cup- \$3.00
- j. Asst. Desserts - \$1.75-\$3.00
- k. Yogurt Parfaits - \$2.50
- l. Mini Muffulettas - \$4.00
- m. Hummus Snack Packs - \$4.75
- n. Chicken Salad Snack Pack- \$4.75

7. Assorted Coffee Shop Drinks

- a. Coffee - \$1.50-\$2.00
- b. Café Au Lait - \$2.00 - \$2.50
- c. Cappuccino - \$2.70 - \$3.25
- d. Espresso -\$1.75 - \$3.00
- e. Iced Coffee - \$1.75 - \$2.25
- f. Iced Mocha - \$2.00 - \$2.50
- g. Frappes - \$3.75 - \$4.25
- h. Hot Lattes - \$2.75-\$3.50
- i. Flavored Hot Teas - \$2.00
- j. Frozen Hot Chocolate - \$3.50-
\$4.00
- k. Hot Cocoa- \$2.50 - \$3.00
- l. Fresh Fruit Smoothies - \$3.50